



Subnovii Post Care Instructions

To reduce the risk of unwanted side effects, it is imperative that these Post Care Instructions are followed implicitly.

AM/PM Care:

- Use Gentle Cleanser to pat wash treated area, **do not** rub
- Then apply a thin layer of the Subnovii Aftercare Cream over treated areas (Pat the cream on with clean fingers and **do not** rub in or use a sponge)
- Then apply the Subnovii Powder with cotton ball/Q-tip
 - Repeat this process if you feel that the skin requires moisturizing during the course of the day and again in the evening.

Info:

- **Do not** wear make up on treated area
- Subnovii Downtime Reducer Powder should be used on top of the cream to absorb any excess moisture and keep the scabs dry.
- While the scabs are present, they should be kept dry. Should the scabs become wet, do not rub. Use a hairdryer on "Cool" setting to dry out treated area. Apply Subnovii Aftercare Cream and Subnovii Downtime Reducer Powder directly afterwards.
- As long as the scabs are present avoid the sun, sweating, sauna, and steam rooms
- DO NOT intentionally remove the scabs. Every manipulation of the scabs can cause an adverse effect. They will fall off on their own within 3 to 7 days. This may take longer for smokers or those taking medication.
- The skin beneath the scabs is sensitive. The pinkish coloration may last up to 6 months.
- To treat temporary pain, Tylenol may be taken. **Do not** take Aspirin, Ibuprofen or any other anti-inflammatory medication.
- When the scabs have fallen off, use sunscreen with SPF 50 on the treated areas. Avoid extreme sun exposure/UV Rays for 4-6 months, and extreme low temperatures for 2 weeks.
- If the above instructions are not followed Hyper/Hypopigmentation spots may occur.
- Please note - depending on the desired results, more than one treatment may be necessary. Follow-up treatments may only be performed 12 - 16 weeks after the previous treatment as the collagen fibers are still contracting and the skin is very sensitive.

Optimal results are only achieved by maintaining an undisturbed and DRY environment.