



Post-Care Instructions for SkinPen Microneedling

Thank you for choosing Reflections Medical Spa for your SkinPen microneedling treatment. Proper aftercare is essential to achieve optimal results and minimize any discomfort. Please follow the instructions below to support your skin's healing process.

Immediately After Treatment:

No Makeup or Skincare:

Avoid applying makeup or skincare products for 24 hours. You may apply the aftercare products provided to you by your provider immediately after, but refrain from using any other products during the first 24 hours.

Redness and Swelling:

Your skin may appear red and feel warm, like a sunburn, for up to 1–3 days. Mild swelling is also normal.

Cleanse Gently:

Use a gentle, fragrance-free, non-abrasive cleanser for one week. Pat your skin dry; do not rub.

Hydrate:

Apply the recommended post-procedure moisturizer to keep your skin hydrated. Products containing hyaluronic acid are ideal. Your skin may flake/ feel dry following the treatment.

Avoid for 1 Week:

Avoid Sun Exposure:

Protect the treated area with a broad-spectrum SPF 30+ or higher sunscreen. Direct sun exposure should be avoided until healing is complete.

Active Ingredients:

Do not use retinoids, AHAs, BHAs, vitamin C, or other exfoliating/harsh skincare products.

Excessive Heat:

Avoid hot showers, saunas, and strenuous exercise. Excessive sweating can irritate the skin.

Swimming or Chlorinated Water:

Refrain from swimming or exposing your skin to chlorinated pools or hot tubs.

Hair Removal:

Avoid waxing, threading, or laser treatments on the treated area.

Long-term care tips:

- Following a consistent medical-grade skincare routine, as recommended by your provider, can enhance your results and help them last longer.

- Continue using sunscreen daily to protect your results and prevent premature aging.
- Schedule follow-up treatments or consultations for maintenance and enhanced results.
- If you have any concerns or experience unusual symptoms, such as excessive redness, swelling, blistering, discomfort or signs of infection, please contact Reflections Medical Spa immediately at 770-383-3552.

Thank you for trusting us with your skin health!