



Congratulations on completing your Sculptra treatment. Below are some recommendations and what you can expect post Sculptra treatment:

Instructions for Post Sculptra Treatment: Remember "5,5,5"

- For the next **"5" days** you will need to massage the treated area for **"5" minutes "5" times a day**
- Massage needs to be **FIRM**
- May go back to normal skin care regimen night of treatment
- Recommend waiting 24 hr before applying make up to treated area

Common side effects:

- Fullness (swelling) in the face for next few days
- You may experience bruising
- You may be tender while massaging

Rare side effects:

- Nodules

Thank you for choosing Reflections Cosmetic Surgery and Medical Spa for all your skincare and wellness needs. We look forward to working with you on your journey!