



Congratulations on completing your Sclerotherapy treatment! Below are some recommendations and what you can expect post Sclerotherapy treatment:

- Be prepared to leave with cotton balls and paper tape with compression stockings on over applied to area of treatment, that you will wear for the first 24hours. You may take off the cotton balls and paper tape the following day when you shower.
- You should wear support hosiery or compression wraps for first 7 days (and night), and then the next following week just during the day to compress the treated vessels. Compression stockings can be purchased at Reflection's or you are welcome to bring in your own.
- Avoid aspirin, ibuprofen, and other anti-inflammatory medications. You may take acetaminophen if you need it for pain relief.
- Don't take hot baths or sit in a whirlpool or sauna. You may take showers, but the water should be cooler than usual.
- Don't apply hot compresses or any form of heat to the treated areas.
- Avoid direct exposure to sunlight (including sun tanning and tanning beds).
- You may find that not all spider veins were not successful in clearing after treatment, the treatment may have to be retreated.